

## Public Produce Garden Newsletter September 21st, 2015

It's been a wonderfully productive year in the garden but the last few heavy frosts have slowed things down considerably. Do not fret, the harvest may be coming to an end but the calendar is still very full.

Don't miss **Free Yoga** every Tuesday from 12:15 -1pm in September. Break up your day with a quick stretch in the sunshine. Suitable for all levels and we have mats to share. See you then.

There are 2 spots left for the **CAN YOUR TOMATOES!**—Salsa and Ketchup Workshop happening this Thursday evening from 7-9. Register @ <http://www.wildsight.ca/kitchenworkshops>

While the harvest is coming to an end it doesn't mean that the garden work is over. We have many chores before the garden is ready for bed. Join us for a **Work Bee** Tuesday Sept 29<sup>th</sup> from 1-3pm.

We are very excited to announce CFAC will be selling its first product under the 'Dig it Delights' brand at the Oct 3<sup>rd</sup> Farmers Market! All proceeds will go directly to the garden and other food security projects. Be sure to come on by and try the already famous, deliciously wonderful, beet dip.



We are having a Party on Oct 4<sup>th</sup> from 2-4 pm to celebrate another wonderful year. Join us for apple pressing, garlic planting, celebrating, eating and good times. If you would like to take part in the apple picking please meet at the garden at 11:30. If you have an apple tree to share please let us know.

Last but certainly not least Oct 13<sup>th</sup> is the Water Harvest Workshop with Rob Avis. This is sure to be an amazing workshop. Get your harvesting system set up now so you can collect for next summer. For more info or to register visit: <https://secure.wildsight.ca/civcrm/event/info?reset=1&id=100>

